

## Pillows Safe for Most Children

When a new baby is on the way, there is a lot of excitement and sometimes more than a little bit of confusion. This is even more so the case for brand new parents. You may be wondering what kind of items to buy in order to make the new baby comfortable and happy. Besides the obvious like diapers, a crib and bottle, there are other more elusive items that could ease your way into parenthood. The baby pillow is one such helper.

As there are a myriad of different baby pillows to choose from and the choices can be overwhelming, but some are better than others. One thing that can be useful to have for mother and child from day one is the nursing pillow. The nursing baby pillow will keep the head of your child supported while nursing, so that mommy can relax. Helping the child relax is also a benefit of the sort of pillows. Often, you can coax the baby into a new position with maximum comfort obtained, which can frequently lead to a much needed nap for everyone involved! Since these pillows support the head so well, it can make holding an infant easier for any family member, whether or not nursing is involved. The other sort of baby pillow on the market is more of a conventional pillow. Most doctors agree that a regular pillow is best for ages two and older. However, if your child has a cold or upper respiratory infection, he or she might benefit the tilt a pillow would give to help them breathe. It is always best to consult your doctor about using a baby pillow before age two. Other benefits of using a baby pillow can be the offset of acid reflux and ear infections. If your child suffers from any of these ailments, a pillow might ease his or her symptoms.

There are a few characteristics all baby pillows should have. A small and lightweight pillow is best for a young child. This is best so that the child does not get too hot, or suffocate from the bulk of a normal sized pillow. It is also best to buy a pillow that does not have decorations like fringe or beads. [This](#) way, the baby cannot choke on anything attached to the pillow. Cotton and silk pillows are two perfect examples of baby friendly fabrics. It is best to stay away from things like feather pillows, as they could cause an unexpected allergic reaction. Machine washable or baby pillows with removable covers are the best options. If you follow these simple guidelines, the possibilities for your baby pillow are endless!

## About the Author

Research on resource, browse by [this link](#).

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